

RussVegas Sprint Triathlon and Duathlon

Race Date
August 25, 2019

Overall Results

Duathlon

| <u>Place</u> | <u>Name</u> | <u>Bib No</u> | <u>AG Place</u> | <u>Run</u> | | <u>Trans 1</u> | | <u>Bike</u> | | <u>Trans 2</u> | | <u>Run</u> | | <u>Total Time</u> | |
|--------------|-------------------|---------------|-----------------|------------|-------------|----------------|-------------|-------------|-------------|----------------|-------------|------------|-------------|-------------------|-------------|
| | | | | <u>Rnk</u> | <u>Time</u> | <u>Pace</u> | <u>Time</u> | <u>Rnk</u> | <u>Time</u> | <u>Rate</u> | <u>Time</u> | <u>Rnk</u> | <u>Time</u> | | <u>Pace</u> |
| 1 | Derrick Hendrix | 89 | 1:M Open | 12 | 1:05:21.0 | 32:41 | | 2 | 48:49.4 | 18.4 | | 1 | 15:18.5 | 7:39 | 1:19:49.8 |
| 2 | Jon Norcross | 311 | 2:M Open | 4 | 16:42.4 | 8:21 | 0:38.2 | 1 | 45:30.0 | 19.8 | 0:37.8 | 4 | 17:03.0 | 8:32 | 1:20:31.6 |
| 3 | Zac Lacy | 302 | 3:M Open | 1 | 14:50.2 | 7:25 | 0:48.0 | 4 | 51:09.4 | 17.6 | 0:41.1 | 2 | 15:48.6 | 7:54 | 1:23:17.5 |
| 4 | William Wofford | 307 | 1:M 1-99 | 2 | 14:53.0 | 7:27 | 1:32.4 | 5 | 51:37.2 | 17.4 | 1:12.5 | 6 | 18:14.0 | 9:07 | 1:27:29.4 |
| 5 | Tae Thomas | 313 | 2:M 1-99 | 5 | 16:51.7 | 8:26 | 1:16.1 | 3 | 50:24.4 | 17.9 | 1:27.6 | 10 | 21:12.0 | 10:36 | 1:31:12.0 |
| 6 | Rebekah Sims | 312 | 1:F Open | 3 | 16:16.3 | 8:08 | 1:15.6 | 11 | 57:47.0 | 15.6 | 0:43.2 | 3 | 16:32.0 | 8:16 | 1:32:34.2 |
| 7 | Ha Vuong | 306 | 2:F Open | 7 | 17:46.9 | 8:53 | 1:31.7 | 6 | 52:59.2 | 17.0 | 1:13.7 | 8 | 19:29.2 | 9:45 | 1:33:00.9 |
| 8 | Mary Harkreader | 304 | 3:F Open | 6 | 17:01.7 | 8:31 | 0:52.6 | 10 | 57:32.4 | 15.6 | 0:46.7 | 5 | 17:38.2 | 8:49 | 1:33:51.8 |
| 9 | Lindsay Henderson | 305 | 1:F 1-99 | 13 | 1:14:57.3 | 37:29 | | 9 | 55:43.5 | 16.2 | | 9 | 20:25.6 | 10:13 | 1:33:55.1 |
| 10 | Cymer Tadlock | 308 | 2:F 1-99 | 8 | 18:29.1 | 9:15 | 4:13.9 | 8 | 55:33.5 | 16.2 | 2:47.2 | 7 | 19:21.6 | 9:41 | 1:40:25.5 |
| 11 | Charles Metz | 301 | 3:M 1-99 | 10 | 20:02.7 | 10:01 | 2:25.5 | 7 | 54:56.8 | 16.4 | 2:08.8 | 11 | 21:15.4 | 10:38 | 1:40:49.4 |
| 12 | Jessica Remetic | 300 | 3:F 1-99 | 9 | 20:00.2 | 10:00 | 1:16.1 | 13 | 1:00:57.2 | 14.8 | 1:04.0 | 12 | 22:41.5 | 11:21 | 1:45:59.1 |
| 13 | Darren Cummings | 309 | 4:M 1-99 | 14 | 1:25:10.7 | 42:35 | | 12 | 1:00:10.9 | 15.0 | 39:27.6 | | | | 1:48:19.9 |
| 14 | Rachal Davis | 310 | 4:F 1-99 | 11 | 22:36.3 | 11:18 | 2:14.1 | 14 | 1:06:27.0 | 13.5 | 2:20.0 | 13 | 25:44.8 | 12:52 | 1:59:22.4 |

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August 25, 2019

Overall Results

Men Triathlon

| Place | Name | Bib No | AG Place | Swim | | Trans 1 | | Bike | | Trans 2 | | Run | | Total Time | |
|-------|--------------------|--------|-------------|------|---------|---------|--------|------|---------|---------|--------|-----|---------|------------|-----------|
| | | | | Rnk | Time | Pace | Time | Rnk | Time | Rate | Time | Rnk | Time | | Pace |
| 1 | Jon Ross Henderson | 27 | 1:M Open | 11 | 9:36.6 | 1:55 | 0:49.7 | 2 | 39:28.4 | 22.8 | 0:35.4 | 1 | 12:43.6 | 6:22 | 1:03:13.9 |
| 2 | David Shelley | 46 | 2:M Open | 5 | 8:54.2 | 1:47 | 0:32.7 | 3 | 39:32.4 | 22.8 | 0:26.7 | 5 | 14:21.7 | 7:11 | 1:03:47.8 |
| 3 | Brian Lindner | 26 | 3:M Open | 27 | 10:48.7 | 2:10 | 0:41.8 | 1 | 39:14.4 | 22.9 | 0:52.9 | 2 | 12:54.1 | 6:27 | 1:04:32.1 |
| 4 | Bruce Wood | 9 | 1:M Masters | 3 | 8:21.0 | 1:40 | 0:53.3 | 5 | 40:47.4 | 22.1 | 0:38.4 | 6 | 14:28.8 | 7:14 | 1:05:09.1 |
| 5 | Levi Corkern | 17 | 1:M 25-29 | 7 | 9:19.8 | 1:52 | 0:46.1 | 11 | 42:24.2 | 21.2 | 0:27.7 | 3 | 14:01.1 | 7:01 | 1:06:59.0 |
| 6 | Jason Tindle | 72 | 1:M 35-39 | 17 | 10:04.2 | 2:01 | 0:46.1 | 10 | 42:23.9 | 21.2 | 0:52.6 | 7 | 14:35.1 | 7:18 | 1:08:41.9 |
| 7 | Thomas Cabantac | 91 | 2:M Masters | 18 | 10:14.2 | 2:03 | 0:34.8 | 4 | 40:25.9 | 22.3 | 0:40.8 | 23 | 16:53.3 | 8:27 | 1:08:49.2 |
| 8 | Justin McGarity | 47 | 1:M 30-34 | 4 | 8:23.1 | 1:41 | 0:46.1 | 6 | 41:28.8 | 21.7 | 1:01.7 | 29 | 17:40.4 | 8:50 | 1:09:20.2 |
| 9 | Tony Serna | 73 | 3:M Masters | 16 | 10:03.2 | 2:01 | 0:50.1 | 8 | 42:19.6 | 21.3 | 0:53.7 | 11 | 15:27.2 | 7:44 | 1:09:33.9 |
| 10 | Lucas Cox | 77 | 2:M 30-34 | 14 | 9:53.9 | 1:59 | 0:38.7 | 12 | 42:48.0 | 21.0 | 0:49.3 | 14 | 15:47.5 | 7:54 | 1:09:57.6 |
| 11 | Jason Luker | 54 | 2:M 35-39 | 9 | 9:27.6 | 1:54 | 1:30.4 | 7 | 41:52.7 | 21.5 | 0:58.3 | 24 | 17:02.3 | 8:31 | 1:10:51.5 |
| 12 | Bryon Murders | 71 | 3:M 35-39 | 35 | 11:52.7 | 2:23 | 0:52.9 | 9 | 42:20.8 | 21.3 | 0:50.8 | 10 | 15:10.7 | 7:35 | 1:11:08.0 |
| 13 | Jeff Carfagno | 62 | 1:M Grand M | 10 | 9:33.6 | 1:55 | 0:52.9 | 17 | 43:51.6 | 20.5 | 1:08.2 | 19 | 16:38.6 | 8:19 | 1:12:05.1 |
| 14 | Chris Hall | 5 | 1:M 40-44 | 12 | 9:39.5 | 1:56 | 1:29.7 | 24 | 45:50.7 | 19.6 | 0:44.0 | 12 | 15:35.6 | 7:48 | 1:13:19.6 |
| 15 | Mark Miller | 52 | 2:M 40-44 | 28 | 10:48.8 | 2:10 | 1:14.6 | 14 | 43:32.8 | 20.7 | 1:34.6 | 18 | 16:36.6 | 8:18 | 1:13:47.7 |
| 16 | Noah Bandy | 18 | 1:M 20-24 | 2 | 8:10.3 | 1:38 | 1:37.1 | 21 | 44:37.3 | 20.2 | 1:00.2 | 36 | 19:10.6 | 9:35 | 1:14:35.8 |
| 17 | Len Gray | 32 | 2:M Grand M | 24 | 10:37.2 | 2:07 | 1:08.9 | 22 | 45:23.2 | 19.8 | 0:59.4 | 17 | 16:30.1 | 8:15 | 1:14:38.9 |
| 18 | Wade Mann | 74 | 3:M Grand M | 33 | 11:45.0 | 2:21 | 1:08.0 | 18 | 43:58.7 | 20.5 | 1:16.3 | 21 | 16:40.8 | 8:20 | 1:14:49.0 |
| 19 | Andy Messenger | 44 | 1:M 45-49 | 34 | 11:52.4 | 2:22 | 1:33.9 | 15 | 43:47.9 | 20.5 | 0:58.7 | 20 | 16:39.6 | 8:20 | 1:14:52.7 |
| 20 | Philip Kile | 76 | 3:M 30-34 | 41 | 12:30.5 | 2:30 | 1:08.5 | 13 | 43:19.8 | 20.8 | 1:31.6 | 22 | 16:42.9 | 8:21 | 1:15:13.5 |
| 21 | Brian Kearns | 57 | 3:M 40-44 | 1 | 7:47.8 | 1:34 | 1:25.9 | 33 | 49:42.1 | 18.1 | 0:55.4 | 15 | 15:55.2 | 7:58 | 1:15:46.5 |
| 22 | Walker Dimassimo | 60 | 4:M 35-39 | 22 | 10:31.7 | 2:06 | 1:12.0 | 19 | 44:06.4 | 20.4 | 1:48.0 | 33 | 18:37.4 | 9:19 | 1:16:15.7 |
| 23 | Josiah Thurlby | 78 | 1:M 15-19 | 13 | 9:45.0 | 1:57 | 1:26.1 | 30 | 48:31.1 | 18.5 | 1:23.3 | 13 | 15:42.1 | 7:51 | 1:16:47.7 |
| 24 | Dusty George | 85 | 5:M 35-39 | 25 | 10:41.0 | 2:08 | 1:31.7 | 31 | 48:33.5 | 18.5 | 1:23.6 | 8 | 14:39.3 | 7:20 | 1:16:49.3 |
| 25 | Eric Coble | 42 | 4:M 30-34 | 30 | 11:02.1 | 2:12 | 1:04.7 | 26 | 46:16.2 | 19.5 | 1:09.9 | 27 | 17:28.4 | 8:44 | 1:17:01.6 |
| 26 | Jacob Harris | 80 | 2:M 45-49 | 32 | 11:39.8 | 2:20 | 1:08.2 | 29 | 47:54.3 | 18.8 | 0:40.9 | 16 | 16:12.4 | 8:06 | 1:17:35.8 |
| 27 | Jonathan Beagle | 59 | 4:M 40-44 | 37 | 11:56.9 | 2:23 | 1:23.4 | 25 | 46:07.0 | 19.5 | 0:47.0 | 28 | 17:31.1 | 8:46 | 1:17:45.5 |
| 28 | Scott Pool | 67 | 5:M 40-44 | 20 | 10:23.5 | 2:05 | 3:13.7 | 16 | 43:49.7 | 20.5 | 1:49.1 | 34 | 18:58.1 | 9:29 | 1:18:14.3 |
| 29 | Carter Miller | 53 | 2:M 15-19 | 6 | 9:15.5 | 1:51 | 1:35.9 | 28 | 47:40.2 | 18.9 | 1:10.4 | 35 | 19:00.1 | 9:30 | 1:18:42.3 |
| 30 | Christopher Horton | 12 | 5:M 30-34 | 23 | 10:31.8 | 2:06 | 1:42.6 | 27 | 47:29.5 | 19.0 | 0:40.3 | 32 | 18:24.0 | 9:12 | 1:18:48.4 |
| 31 | Jeff Thurlby | 79 | 1:M 50-54 | 15 | 9:56.7 | 1:59 | 1:29.8 | 34 | 49:52.5 | 18.0 | 1:27.4 | 25 | 17:17.2 | 8:39 | 1:20:03.9 |
| 32 | Greg McElhaney | 49 | 1:M 55-59 | 45 | 13:15.6 | 2:39 | 1:03.8 | 23 | 45:31.2 | 19.8 | 0:57.1 | 38 | 19:36.7 | 9:48 | 1:20:24.6 |
| 33 | Robert Destefano | 2 | 2:M 50-54 | 39 | 12:13.0 | 2:27 | 1:17.7 | 20 | 44:35.2 | 20.2 | 1:09.2 | 47 | 21:33.6 | 10:47 | 1:20:48.9 |

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| Place | Name | Bib No | AG Place | Swim | | Trans 1 | | Bike | | Trans 2 | | Run | | Total | |
|-------|-------------------|--------|------------|------|---------|---------|--------|------|-----------|---------|--------|-----|---------|-------|-----------|
| | | | | Rnk | Time | Pace | Time | Rnk | Time | Rate | Time | Rnk | Time | Pace | Time |
| 34 | Jackson Messenger | 45 | 3:M 15-19 | 8 | 9:22.6 | 1:53 | 1:52.9 | 45 | 54:21.1 | 16.6 | 1:18.7 | 9 | 15:08.4 | 7:34 | 1:22:04.0 |
| 35 | Austin Gantt | 56 | 2:M 20-24 | 31 | 11:33.6 | 2:19 | 1:53.9 | 38 | 51:20.6 | 17.5 | 0:24.5 | 26 | 17:23.7 | 8:42 | 1:22:36.6 |
| 36 | A.j. Hickman | 30 | 2:M 25-29 | 19 | 10:14.7 | 2:03 | 1:33.4 | 32 | 49:33.2 | 18.2 | 0:54.1 | 48 | 21:34.3 | 10:47 | 1:23:49.9 |
| 37 | Nathan Kendrick | 65 | 6:M 30-34 | 47 | 13:32.2 | 2:42 | 1:22.2 | 35 | 50:05.9 | 18.0 | 1:11.3 | 31 | 18:22.3 | 9:11 | 1:24:34.2 |
| 38 | Joshua Manatt | 51 | 7:M 30-34 | 52 | 14:13.8 | 2:51 | 2:36.6 | 43 | 53:07.6 | 16.9 | 1:17.0 | 4 | 14:01.6 | 7:01 | 1:25:16.8 |
| 39 | Wade Colwell | 38 | 2:M 55-59 | 36 | 11:53.6 | 2:23 | 2:19.2 | 36 | 50:36.2 | 17.8 | 1:31.5 | 43 | 20:36.9 | 10:18 | 1:26:57.6 |
| 40 | Cody Eaves | 41 | 6:M 35-39 | 29 | 10:51.5 | 2:10 | 1:53.0 | 47 | 55:20.2 | 16.3 | 0:49.4 | 40 | 19:50.2 | 9:55 | 1:28:44.4 |
| 41 | Eric Richter | 24 | 3:M 25-29 | 40 | 12:18.7 | 2:28 | 1:03.9 | 37 | 51:03.2 | 17.6 | 0:33.5 | 53 | 24:42.6 | 12:21 | 1:29:42.1 |
| 42 | Bo Stallings | 82 | 8:M 30-34 | 48 | 13:40.4 | 2:44 | 3:15.7 | 40 | 52:12.9 | 17.2 | 1:10.8 | 37 | 19:33.2 | 9:47 | 1:29:53.2 |
| 43 | Andrew Best | 7 | 3:M 50-54 | 46 | 13:31.7 | 2:42 | 2:20.4 | 44 | 53:15.1 | 16.9 | 1:14.6 | 42 | 20:13.5 | 10:07 | 1:30:35.5 |
| 44 | Tyson Simon | 75 | 7:M 35-39 | 50 | 13:59.9 | 2:48 | 1:35.4 | 39 | 51:49.2 | 17.4 | 1:28.8 | 49 | 21:53.3 | 10:57 | 1:30:46.8 |
| 45 | Eyad Abochale | 92 | 3:M 45-49 | 38 | 12:12.9 | 2:27 | 3:53.3 | 41 | 52:39.3 | 17.1 | 3:03.8 | 39 | 19:44.5 | 9:52 | 1:31:33.9 |
| 46 | Blake Slater | 70 | 4:M 50-54 | 44 | 13:04.4 | 2:37 | 1:27.5 | 42 | 52:44.1 | 17.1 | 1:24.2 | 52 | 23:32.5 | 11:46 | 1:32:12.8 |
| 47 | Jason George | 15 | 9:M 30-34 | 21 | 10:26.6 | 2:05 | 2:15.1 | 50 | 59:18.5 | 15.2 | 1:33.1 | 41 | 19:52.8 | 9:56 | 1:33:26.3 |
| 48 | Luke Lamoureux | 66 | 4:M 15-19 | 26 | 10:43.7 | 2:09 | 3:35.0 | 52 | 1:02:17.6 | 14.4 | 1:08.6 | 46 | 21:30.6 | 10:45 | 1:39:15.6 |
| 49 | Hayden Dwyer | 58 | 4:M 25-29 | 42 | 12:33.9 | 2:31 | 4:13.6 | 51 | 59:36.7 | 15.1 | 1:50.6 | 44 | 21:05.2 | 10:33 | 1:39:20.2 |
| 50 | Stephen Clem | 61 | 5:M 25-29 | 49 | 13:55.4 | 2:47 | 2:49.2 | 48 | 58:15.0 | 15.5 | 3:14.7 | 45 | 21:21.7 | 10:41 | 1:39:36.2 |
| 51 | Wilburn Powell | 21 | 1:M 70-99 | 55 | 16:14.5 | 3:15 | 1:29.7 | 46 | 54:36.0 | 16.5 | 0:57.2 | 58 | 27:06.6 | 13:33 | 1:40:24.3 |
| 52 | Robert Clayton | 48 | 5:M 50-54 | 43 | 12:55.7 | 2:35 | 1:20.6 | 49 | 58:47.2 | 15.3 | 1:36.0 | 54 | 25:50.4 | 12:55 | 1:40:30.1 |
| 53 | Micah Piker | 88 | 3:M 20-24 | 58 | 18:01.3 | 3:36 | 2:36.1 | 57 | 1:04:35.4 | 13.9 | 0:36.8 | 50 | 21:57.6 | 10:59 | 1:47:47.4 |
| 54 | Daniel Goh | 4 | 6:M 50-54 | 51 | 14:06.9 | 2:49 | 2:39.2 | 53 | 1:03:08.3 | 14.3 | 2:28.6 | 55 | 25:54.8 | 12:57 | 1:48:18.0 |
| 55 | William Morgan | 64 | 8:M 35-39 | 54 | 15:56.1 | 3:11 | 1:18.8 | 60 | 1:13:39.3 | 12.2 | | 30 | 18:13.6 | 9:07 | 1:49:08.0 |
| 56 | Todd Thompson | 40 | 4:M 45-49 | 53 | 14:23.9 | 2:53 | 2:46.0 | 58 | 1:05:02.1 | 13.8 | 1:50.4 | 57 | 26:16.7 | 13:08 | 1:50:19.2 |
| 57 | Jesse Dare | 84 | 10:M 30-34 | 56 | 16:33.0 | 3:19 | 0:55.3 | 56 | 1:04:35.1 | 13.9 | 1:59.8 | 56 | 26:16.1 | 13:08 | 1:50:19.5 |
| 58 | Jesse Coffman | 34 | 5:M 45-49 | 59 | 19:15.3 | 3:51 | 3:08.6 | 54 | 1:03:32.1 | 14.2 | 1:46.7 | 59 | 31:32.6 | 15:46 | 1:59:15.6 |
| 59 | David Lambert | 1 | 6:M 40-44 | 57 | 17:28.7 | 3:30 | 4:30.7 | 55 | 1:04:34.4 | 13.9 | 0:35.5 | 60 | 33:11.6 | 16:36 | 2:00:21.1 |
| 60 | Cody Dare | 83 | 11:M 30-34 | 60 | 22:10.9 | 4:26 | 3:25.0 | 59 | 1:12:11.6 | 12.5 | 1:20.0 | 51 | 22:09.9 | 11:05 | 2:01:17.5 |

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Women Triathlon

| Place | Name | Bib No | AG Place | Swim | | Trans 1 | | Bike | | Rate | Trans 2 | | Run | | Total Time |
|-------|----------------------|--------|-------------|------|---------|---------|--------|------|-----------|------|---------|-----|-----------|-------|------------|
| | | | | Rnk | Time | Pace | Time | Rnk | Time | | Time | Rnk | Time | Pace | |
| 1 | Megan Clegg | 31 | 1:F Open | 2 | 9:43.5 | 1:57 | 0:45.4 | 1 | 44:51.9 | 20.1 | 0:46.2 | 5 | 18:07.6 | 9:04 | 1:14:14.8 |
| 2 | Tori Hill | 90 | 2:F Open | 1 | 8:52.3 | 1:46 | 0:49.4 | 2 | 45:40.4 | 19.7 | 0:56.7 | 11 | 20:57.1 | 10:29 | 1:17:16.0 |
| 3 | Kaitlen Stewart | 55 | 3:F Open | 4 | 10:25.6 | 2:05 | 1:06.5 | 4 | 48:24.8 | 18.6 | 0:45.9 | 4 | 17:44.8 | 8:52 | 1:18:27.8 |
| 4 | Amanda Davis | 37 | 1:F Masters | 12 | 12:59.3 | 2:36 | 1:12.7 | 7 | 50:13.3 | 17.9 | 1:10.6 | 2 | 17:07.5 | 8:34 | 1:22:43.6 |
| 5 | Sarah Stanley | 39 | 1:F 35-39 | 11 | 12:45.0 | 2:33 | 1:04.0 | 8 | 51:11.6 | 17.6 | 1:02.9 | 3 | 17:42.6 | 8:51 | 1:23:46.3 |
| 6 | Robin McElhaney | 50 | 2:F Masters | 22 | 15:21.9 | 3:04 | 1:20.5 | 3 | 48:10.9 | 18.7 | 1:20.6 | 7 | 18:27.5 | 9:14 | 1:24:41.6 |
| 7 | Jennifer McGarrity | 33 | 2:F 35-39 | 16 | 13:56.6 | 2:47 | 2:16.8 | 5 | 49:06.8 | 18.3 | 1:16.4 | 6 | 18:11.9 | 9:06 | 1:24:48.6 |
| 8 | Tara Caudle | 36 | 3:F Masters | 14 | 13:16.9 | 2:39 | 1:47.0 | 12 | 52:39.4 | 17.1 | 1:25.6 | 1 | 15:42.8 | 7:51 | 1:24:51.9 |
| 9 | Brooklyn Pyburn | 23 | 1:F 40-44 | 8 | 11:39.9 | 2:20 | 1:16.4 | 6 | 49:51.3 | 18.1 | 1:06.6 | 12 | 20:59.5 | 10:30 | 1:24:53.9 |
| 10 | Jayme Butts-Hall | 6 | 3:F 35-39 | 7 | 11:21.1 | 2:16 | 1:15.3 | 9 | 51:44.6 | 17.4 | 0:38.5 | 10 | 20:10.9 | 10:05 | 1:25:10.7 |
| 11 | Brittany Cunningham | 19 | 1:F 30-34 | 5 | 10:59.4 | 2:12 | 0:59.3 | 14 | 54:33.3 | 16.5 | 0:43.2 | 16 | 23:32.2 | 11:46 | 1:30:47.7 |
| 12 | Tiffany Lindner | 25 | 4:F 35-39 | 17 | 14:15.4 | 2:51 | 1:06.3 | 10 | 52:18.6 | 17.2 | 1:26.8 | 14 | 21:56.3 | 10:58 | 1:31:03.5 |
| 13 | Mary Lyons | 14 | 1:F Grand M | 18 | 14:19.3 | 2:52 | 2:21.0 | 11 | 52:34.3 | 17.1 | 1:49.8 | 9 | 20:03.8 | 10:02 | 1:31:08.5 |
| 14 | Genevieve Couch | 69 | 2:F 40-44 | 13 | 13:15.1 | 2:39 | 1:45.2 | 15 | 56:44.8 | 15.9 | 0:49.9 | 15 | 22:06.1 | 11:03 | 1:34:41.4 |
| 15 | Anisha Duvall | 3 | 3:F 40-44 | 21 | 15:10.2 | 3:02 | 2:15.3 | 13 | 53:24.2 | 16.9 | 0:44.2 | 18 | 25:09.6 | 12:35 | 1:36:43.7 |
| 16 | Amber Jett | 13 | 2:F 30-34 | 23 | 16:23.1 | 3:17 | 1:39.2 | 18 | 1:00:55.3 | 14.8 | 1:03.6 | 8 | 19:35.0 | 9:48 | 1:39:36.4 |
| 17 | Jorista Garrie | 28 | 5:F 35-39 | 9 | 12:10.2 | 2:26 | 2:05.8 | 20 | 1:02:49.7 | 14.3 | 1:29.7 | 13 | 21:05.0 | 10:33 | 1:39:40.6 |
| 18 | Christina Wolfe | 22 | 1:F 25-29 | 6 | 11:10.9 | 2:14 | 2:39.9 | 17 | 1:00:27.6 | 14.9 | 1:20.0 | 19 | 25:13.8 | 12:37 | 1:40:52.3 |
| 19 | Jessica Young | 29 | 3:F 30-34 | 3 | 9:43.9 | 1:57 | 1:40.4 | 21 | 1:07:16.6 | 13.4 | 0:49.1 | 20 | 26:13.6 | 13:07 | 1:45:43.9 |
| 20 | Marie Reed | 8 | 2:F Grand M | 10 | 12:33.4 | 2:31 | 2:22.0 | 16 | 1:00:17.4 | 14.9 | 1:03.8 | 24 | 30:21.0 | 15:11 | 1:46:37.7 |
| 21 | Anne Powell | 20 | 3:F Grand M | 19 | 14:51.2 | 2:58 | 1:56.8 | 19 | 1:02:01.3 | 14.5 | 1:42.1 | 21 | 27:38.5 | 13:49 | 1:48:10.0 |
| 22 | Karen Baxter-Rhoades | 43 | 1:F 65-69 | 15 | 13:42.6 | 2:45 | 1:30.9 | 22 | 1:11:01.9 | 12.7 | 0:49.8 | 17 | 24:14.2 | 12:07 | 1:51:19.7 |
| 23 | Averee Jolly | 11 | 1:F 20-24 | 20 | 14:58.5 | 3:00 | 2:05.6 | 25 | 1:17:51.3 | 11.6 | 0:58.0 | 23 | 29:32.9 | 14:46 | 2:05:26.5 |
| 24 | Holli Shelton | 63 | 4:F 40-44 | 26 | 21:41.4 | 4:20 | 5:26.6 | 24 | 1:17:15.8 | 11.6 | 1:21.0 | 25 | 31:54.7 | 15:57 | 2:17:39.6 |
| 25 | Sarah Jane Stallings | 81 | 2:F 25-29 | 27 | 21:42.5 | 4:21 | 5:26.3 | 23 | 1:17:11.7 | 11.7 | 1:23.6 | 26 | 31:56.0 | 15:58 | 2:17:40.3 |
| 26 | Lorrie West | 10 | 1:F 55-59 | 25 | 19:34.2 | 3:55 | 2:09.5 | 27 | 1:32:05.7 | 9.77 | 1:29.1 | 22 | 29:13.0 | 14:37 | 2:24:31.7 |
| 27 | Andrea Coffman | 35 | 1:F 45-49 | 24 | 19:32.7 | 3:55 | 6:00.9 | 26 | 1:23:53.1 | 10.7 | 1:18.3 | 27 | 1:01:50.7 | 30:55 | 2:52:36.0 |

RussVegas Sprint Triathlon and Duathlon

Race Date
August 25, 2019

Overall Results

Teams

| <u>Place</u> | <u>Name</u> | <u>Bib No</u> | <u>AG Place</u> | <u>Swim</u> | | <u>Trans 1</u> | | <u>Bike</u> | | <u>Rate</u> | <u>Trans 2</u> | | <u>Run</u> | | <u>Total Time</u> |
|--------------|-------------------|---------------|-----------------|-------------|-------------|----------------|-------------|-------------|-------------|-------------|----------------|------------|-------------|-------------|-------------------|
| | | | | <u>Rnk</u> | <u>Time</u> | <u>Pace</u> | <u>Time</u> | <u>Rnk</u> | <u>Time</u> | | <u>Time</u> | <u>Rnk</u> | <u>Time</u> | <u>Pace</u> | |
| 1 | Hughes Associates | 200 | 1:F 1-99 | 1 | 8:55.0 | 1:47 | 0:38.9 | 2 | 52:32.4 | 17.1 | 0:31.2 | 1 | 12:07.5 | 6:04 | 1:14:45.1 |
| 2 | Team Ramrod | 201 | 1:M 1-99 | 3 | 15:09.7 | 3:02 | 0:44.3 | 1 | 52:29.8 | 17.1 | 0:23.6 | 3 | 19:31.3 | 9:46 | 1:28:19.0 |
| 3 | Team Tkk | 202 | 2:F 1-99 | 2 | 11:09.4 | 2:14 | 0:28.3 | 3 | 1:05:59.3 | 13.6 | 0:26.9 | 2 | 17:33.0 | 8:47 | 1:35:37.2 |